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Racial, Ethnic, and Gender Diversity in Academic Orthopaedic Surgery Leadership

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Background: Multiple investigations in the past 50 years have documented a lack of racial/ethnic and gender diversity in the orthopaedic surgery workforce when compared with other specialties. Studies in other industries suggest that diversification of leadership can help diversify the underlying workforce. This study investigates changes in racial/ethnic and gender diversity of orthopaedic surgery leadership from 2007 to 2019 and compares leadership diversity to that of other surgical and nonsurgical specialties, specifically in terms of chairpersons and program directors.

Methods: Demographic data were collected from *The Journal of the American Medical Association* and the Association of American Medical Colleges. Aggregate data were utilized to determine the racial, ethnic, and gender composition of academic leadership for 8 surgical and nonsurgical specialties in 2007 and 2019. Comparative analysis was conducted to identify changes in diversity among chairpersons between the 2 years. Furthermore, current levels of diversity in orthopaedic leadership were compared with those of other specialties.

Results: A comparative analysis of diversity among program directors revealed that orthopaedic surgery had significantly lower minority representation (20.5%) when compared with the nonsurgical specialties (adjusted $p < 0.01$ for all) and, with the exception of neurological surgery, had the lowest proportion of female program directors overall, at 9.0% (adjusted $p < 0.001$ for all). From 2007 to 2019, orthopaedic surgery experienced no change in minority representation among chairpersons (adjusted $p = 0.73$) but a significant increase in female representation among chairpersons, from 0.0% (0 of 102) to 4.1% (5 of 122) (adjusted $p = 0.04$). Lastly, a significant decrease in minority and female representation was observed when comparing the diversity of 2019 orthopaedic faculty to orthopaedic leadership in 2019/2020 ($p < 0.05$ for all).

Conclusions: Diversity in orthopaedic surgery leadership has improved on some key fronts, specifically in gender diversity among chairpersons. However, a significant decrease in minority and gender representation was observed between 2019 orthopaedic faculty and 2019/2020 orthopaedic leadership ($p < 0.05$), which was a trend shared by other specialties. These findings may suggest a more pervasive problem in diversity of medical leadership that is not only limited to orthopaedic surgery.

For half a century, the need for racial/ethnic and gender diversity in medicine has permeated the medical profession¹⁻⁹. During its 1968 annual meeting, the Association of American Medical Colleges (AAMC) was among the first to address the need for diversity among physicians, which has been shown to yield better patient-physician communication, higher patient satisfaction, and more physicians working in underserved communities^{1-5,10-15}. With the AAMC's diversity task force, many medical schools initiated efforts starting in the 1970s to diversify their student bodies through affirmative action, minority undergraduate student outreach, and increased scholarship aid to minority, female, and rural

physicians in training^{1-4,16-23}. Another approach to increasing minority and female representation among physicians is top-down diversity, which includes using diversification of leadership to diversify the workforce²⁴⁻³⁰. Diverse representation has not been uniform across sectors of the medical profession, despite the improvements in diversity among medical students³¹⁻⁴⁴.

Orthopaedic surgery has demonstrated some of the most substantial gaps in racial and gender representation and has frequently "lagged" behind other surgical and nonsurgical specialties^{11,35,45-59}. In the early 2000s, the American Academy of Orthopaedic Surgeons (AAOS) and the American Orthopaedic Association (AOA) made commitments to improving leadership

Disclosure: The **Disclosure of Potential Conflicts of Interest** forms are provided with the online version of the article (<http://links.lww.com/JBJS/H34>).

diversity through various initiatives^{33,60-64}. However, research into the diversity of orthopaedic leadership was limited throughout prior decades, despite national recognition of the problem by the AAOS and AOA. The existing studies have mostly evaluated racial and gender diversity among orthopaedic residents and faculty^{20,45-49,54-59}. However, to our knowledge, a full investigation into the diversity of orthopaedic surgery program directors and chairpersons has not been performed.

The purpose of this study was to investigate the diversity of academic orthopaedic surgery leadership using a snapshot comparison of data from 2007, 2019, and 2020. The 2 objectives were to (1) compare the proportional growth of orthopaedic leadership diversity and (2) determine the current state of diversity among orthopaedic surgery program directors and chairpersons in comparison to other surgical and nonsurgical fields.

Materials and Methods

Allopathic and osteopathic demographic data were collected from sources including a publication from *The Journal of the American Medical Association (JAMA)* titled “Graduate Medical Education, 2006-2007,”⁶⁵ the AAMC’s FACTS Database⁶⁶, and specialized AAMC Faculty Roster snapshot reports for 2007, 2019, and 2020 that were provided to us upon request⁶⁷⁻⁶⁹. These sources utilize the Graduate Medical Education (GME) Track and IND.IND data tables, which collect self-reported data from Accreditation Council for Graduate Medical Education (ACGME)-accredited residency programs participating in the GME Track Residency Survey. The response rate for this survey was 89.6% in 2007 and 94.8% in 2019^{67,68}. Both summary-level resident data on gender⁶⁶ and faculty/leadership data⁶⁷⁻⁶⁹ were obtained from the AAMC; meanwhile, summary-level resident data on race/ethnicity were obtained from *JAMA*⁶⁵ because of a lack of 2007 AAMC resident data for race/ethnicity. Fellowship data were not included. Orthopaedic resident and faculty data were curated to analyze the baseline pool from which directors and chairpersons can be selected. Data from these sources were utilized to determine the proportional racial, ethnic, and gender composition of residents, faculty, program directors, and chairpersons at U.S. ACGME-accredited residency programs in 4 surgical fields and 4 nonsurgical primary care fields. The specialties chosen were based on previous publications on diversity in orthopaedic surgery, which allows for more consistent analysis^{47,54,55,70,71}. Specifically, orthopaedic surgery, neurological surgery, otolaryngology (ear, nose, throat [ENT]), and general surgery were the analyzed surgical specialties, while internal medicine, family medicine, pediatrics, and obstetrics/gynecology (OB/GYN) were the analyzed nonsurgical specialties.

Race was defined as White, Asian American, Black/African American, or “Other,” per the AAMC’s Faculty Roster categorization and FACTS Glossary^{66,72}. Ethnicity was categorized as Hispanic/Latino or Non-Hispanic/Latino, in accordance with the AAMC’s FACTS Glossary⁶⁶ and the United States Census Bureau (USCB)⁷³. In order for a racial/ethnic category to be individually represented in data analysis, the proportion of

individuals for the given race or ethnicity must have exceeded a 5% representation threshold within the general U.S. population, according to the USCB^{74,75}. Racial and ethnic groups falling below this threshold were often those with small sample sizes within the investigated populations. As a result, these underrepresented groups, including American Indian/Alaska Native, Native Hawaiian/Pacific Islander, multiracial, Non-Hispanic/Latino, other, and unknown, were combined into the aggregate category “Other.” Furthermore, a “Minority” category, defined by the Population Reference Bureau as anyone who identifies with a racial or ethnic group other than non-Hispanic White, was utilized throughout data analysis as a generalized indicator of racial/ethnic diversity⁷⁵. As a result, our “White” category was always defined as non-Hispanic and was thus mutually exclusive to the “Minority” category. Following classification by the AAMC’s FACTS Glossary, sex/gender was categorized as male or female, as defined by each subject’s self-reported sex⁶⁶.

We began with an examination of racial and gender diversity among residents in ACGME-accredited orthopaedic surgery programs in 2007, since program directors and chairpersons were likely chosen from a residency pool that was at least 10 years prior to the 2019 leadership data. Three analyses of diversity of orthopaedic surgery leadership were conducted. First, the most recently available AAMC demographic data were used to analyze the current state of diversity within orthopaedic surgery faculty (2019), program directors (2020), and chairpersons (2019) in comparison to that within the other surgical and nonsurgical specialties. Second, a snapshot comparison of diversity metrics between 2007 and 2019 for chairpersons was conducted to identify any significant changes in female and minority representation. Third, the proportional growth of diversity among orthopaedic surgery chairpersons was compared with the other specialties.

For statistical analysis, comparisons between proportions were completed using a chi-square, or with a Fisher exact test when $\geq 25\%$ of the sample counts were < 5 . A Benjamini-Hochberg adjustment was applied to relevant p values, controlling the type-I error rate, and adjusted p values were noted as such. To compare the proportional growth of diversity from 2007 to 2019 between 2 specialties, a Breslow-Day test was used to assess the homogeneity of the odds ratio for comparing 2×2 contingency tables. Significance was set at a p value of < 0.05 . All analyses were performed using SAS 9.4 (SAS Institute).

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Results

Current Diversity of Leadership in Orthopaedic Surgery Versus Other Specialties

An analysis of current diversity among orthopaedic surgery program directors (2020) and chairpersons (2019) yielded several key findings. Orthopaedic surgery program directors were shown to be 79.5% White and 20.5% minority in 2020 (Table I). Despite no significant differences in minority

TABLE I Diversity of Orthopaedic Surgery Faculty and Leadership (2007 Versus 2019)*

	Faculty			Program Directors		Chairpersons	
	2007	2019	P Value†	2020	2007	2019	P Value†
Race/ethnicity of orthopaedic leadership							
White	79.3%	75.0%	<0.001	79.5%	89.1%	87.7%	0.725
Minority	20.7%	25.0%	<0.001	20.5%	10.8%	12.3%	0.725
Asian American	10.5%	13.4%	<0.001	11.3%	2.0%	4.9%	0.235
Black/African American	2.2%	2.6%	0.302	4.6%	5.8%	3.3%	0.347
Hispanic/Latino	2.0%	2.0%	0.998	3.3%	2.0%	1.6%	0.856
Other	6.0%	7.0%	0.112	1.3%	1.0%	2.5%	0.405
Female	13.9%	19.9%	<0.001	9.0%	0.0%	4.1%	0.039
Total (no.)	2,654	4,355		390 (race/ethnicity), 444 (sex)	102	122	

*AAMC Faculty Roster, December 31, 2007/2019/2020 snapshots⁶⁷⁻⁶⁹ †Bold indicates a significant difference in the racial/ethnic proportions between the 2 years for the given category ($p < 0.05$). All p values are adjusted using a Benjamini-Hochberg test.

representation among program directors in the 4 surgical subspecialties analyzed ($p > 0.05$ for all) (Fig. 1), orthopaedic surgery had a significantly lower percentage of minority program directors, at 20.5%, compared with the 4 nonsurgical specialties ($p < 0.01$ for all) (Table II). With the exception of neurological surgery, at 9.3% ($p = 0.92$ compared with

orthopaedic surgery) (Fig. 1), orthopaedic surgery had a significantly lower percentage of female program directors, at 9.0%, compared with each of the subspecialties analyzed ($p < 0.001$ for all) (Table II).

Furthermore, an analysis of diversity among chairpersons in 2019 revealed that orthopaedic surgery chairs were

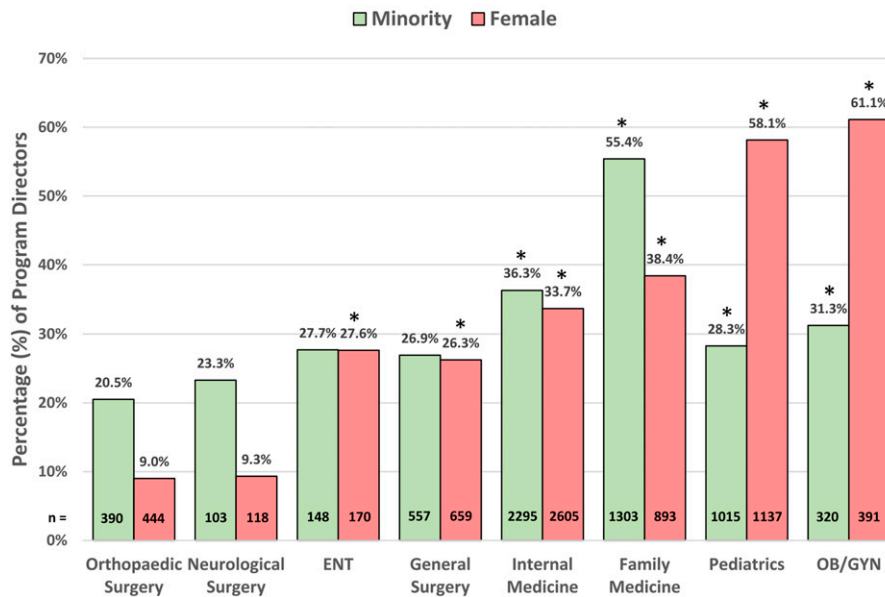
Diversity of Program Directors by Specialty (2020)

Fig. 1

A bar graph showing the minority and female representation of program directors in 2020 for 8 specialties. Program director sample sizes are included at the bottom of each bar. An asterisk (*) indicates a significant difference between orthopaedic surgery and the comparative specialty for minority or female proportions. For the comparisons of minority representation, the adjusted p values from left to right (starting with orthopaedic surgery versus neurological surgery) are as follows: $p = 0.537$, $p = 0.148$, $p = 0.069$, $p < 0.001$, $p < 0.001$, $p = 0.012$, and $p = 0.005$. For the comparisons of female representation, the adjusted p values from left to right are as follows: $p = 0.916$ for neurological surgery versus orthopaedic surgery, and $p < 0.001$ for each of the comparisons of the 6 other specialties versus orthopaedic surgery. (AAMC Faculty Roster, December 31, 2020 snapshots⁶⁹.)

TABLE II Diversity of Medical Faculty and Leadership by Specialty (2019/2020) *

Specialty	Faculty (2019)				Program Directors (2020)				Chairpersons (2019)			
	Minority	P Value†	Female	P Value†	Minority	P Value†	Female	P Value†	Minority	P Value†	Female	P Value†
Orthopaedic surgery	25.0%	—	19.9%	—	20.5%	—	9.0%	—	12.3%	—	4.1%	—
Neurological surgery	35.0%	<0.001	22.1%	0.043	23.3%	0.537	9.3%	0.916	21.4%	0.086	4.1%	0.995
Otolaryngology (ENT)	30.9%	<0.001	35.2%	<0.001	27.7%	0.148	27.6%	<0.001	21.2%	0.086	3.5%	0.995
General surgery	33.4%	<0.001	27.7%	<0.001	26.9%	0.069	26.3%	<0.001	26.5%	0.014	8.5%	0.351
Internal medicine	41.4%	<0.001	41.1%	<0.001	36.3%	<0.001	33.7%	<0.001	24.7%	0.048	16.9%	<0.001
Family medicine	33.4%	<0.001	53.1%	<0.001	55.4%	<0.001	38.4%	<0.001	24.1%	0.065	31.0%	<0.001
Pediatrics	35.1%	<0.001	59.5%	<0.001	28.3%	0.012	58.1%	<0.001	22.7%	0.086	30.5%	<0.001
OB/GYN	33.8%	<0.001	65.6%	<0.001	31.3%	0.005	61.1%	<0.001	21.8%	0.086	28.8%	<0.001

*AAMC Faculty Roster, December 31, 2019/2020 snapshots^{68,69} †P values from comparisons of each specialty with the corresponding proportion for orthopaedic surgery. Bold indicates a significant difference ($p < 0.05$). All p values are adjusted using a Benjamini-Hochberg test.

87.7% White and 12.3% minority (Table I). Despite lacking statistical significance when compared to most other specialties, orthopaedic surgery had the lowest proportion of minority chairpersons, at 12.3% (adjusted $p > 0.05$ for all except general surgery [adjusted $p = 0.01$] and internal medicine [adjusted $p = 0.048$]) (Table II). In regard to gender diversity, ortho-

paedic surgery showed no significant difference in its proportion of female chairpersons compared with the other surgical specialties (adjusted $p > 0.05$ for all) (Table II). Nonetheless, orthopaedic surgery had the lowest proportion of female chairpersons, at 4.1%, compared with the 4 nonsurgical specialties (adjusted $p < 0.001$ for all) (Table II).

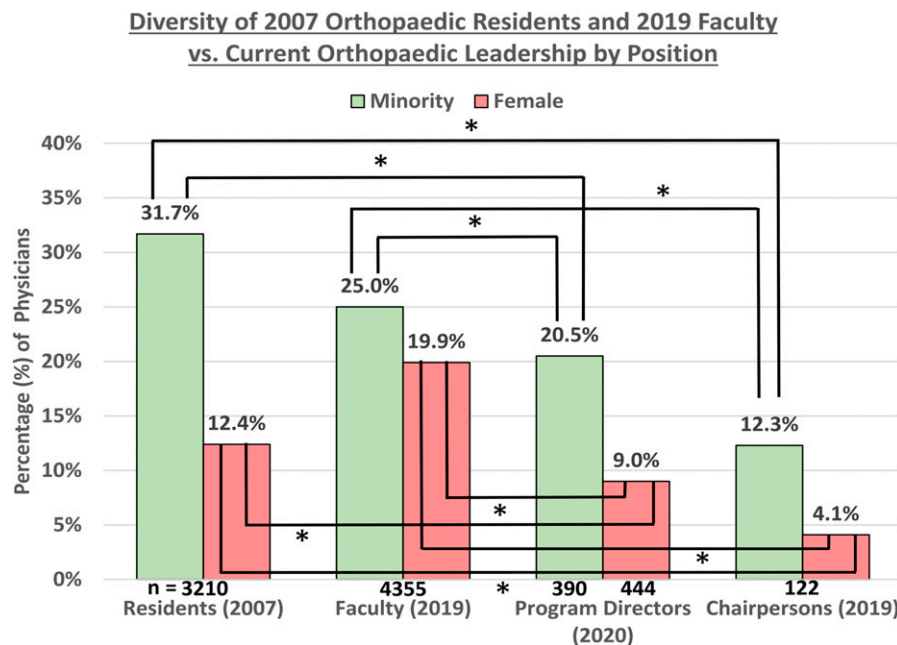


Fig. 2

A bar graph illustrating minority and female representation across various positions in orthopaedic surgery during the years of 2007, 2019, and 2020. Sample sizes are included at the bottom of each bar. Asterisks (*) indicate a significant difference when comparing diversity proportions between 2 different cohorts of physicians. For comparisons between 2007 minority residents and orthopaedic leadership (minority program directors and chairpersons), $p < 0.001$ for both. For comparisons between 2007 female residents and orthopaedic leadership (female program directors and chairpersons), $p = 0.038$ and $p < 0.001$, respectively. For comparisons between 2019 minority faculty and orthopaedic leadership (minority program directors and chairpersons), $p = 0.047$ and $p = 0.001$, respectively. For comparisons between 2019 female faculty and orthopaedic leadership (female program directors and chairpersons), $p < 0.001$ for both. (AAMC Faculty Roster, December 31, 2019/2020 snapshots^{65,68,69}.)

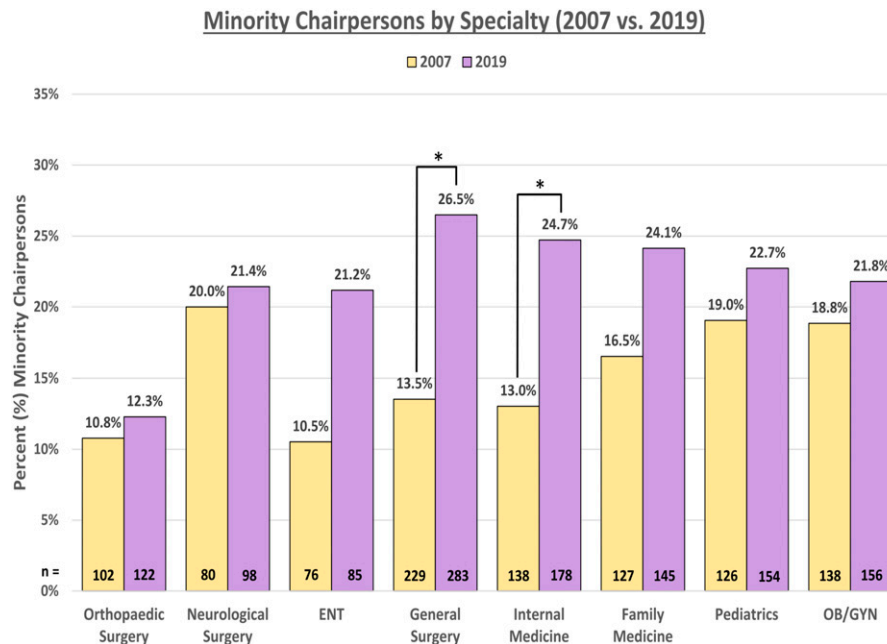


Fig. 3

A bar graph showing the change in minority representation among chairpersons from 2007 to 2019 for 8 specialties. Chairperson sample sizes are included at the bottom of each bar. An asterisk (*) indicates a significant change in minority representation between the 2 years. Two specialties showed significant growth (general surgery: 96% increase [adjusted $p < 0.001$] and internal medicine: 90% increase [adjusted $p = 0.010$]), while the remaining 6 specialties experienced no significant change between the 2 years (orthopaedic surgery: 14% increase [adjusted $p = 0.725$], neurological surgery: 7% increase [adjusted $p = 0.815$], otolaryngology: 102% increase [adjusted $p = 0.668$], family medicine: 46% increase [adjusted $p = 0.122$], pediatrics: 19% increase [adjusted $p = 0.453$], and OB/GYN: 16% increase [adjusted $p = 0.530$]). (AAMC Faculty Roster, December 31, 2019 snapshots^{67,68}.)

Diversity Among Orthopaedic Surgery Residents (2007) and Faculty (2019) Versus Current (2019/2020)

Orthopaedic Leadership

Because the diversity of orthopaedic leadership is directly impacted by the diversity of the pools from which program directors and chairpersons are potentially chosen, a comparative analysis of diversity among both 2007 orthopaedic surgery residents and 2019 orthopaedic surgery faculty versus current orthopaedic surgery leadership was performed. In terms of minority and female representation, there was a significantly lower proportion of minority and female orthopaedic surgery program directors in 2020 and chairpersons in 2019 compared with the proportions of minority and female orthopaedic residents in 2007 and orthopaedic faculty in 2019 ($p < 0.05$ for all comparisons) (Fig. 2). When analyzing each racial/ethnic group, there was a significantly lower proportion of Asian American orthopaedic surgery chairpersons in 2019 (4.9%) compared with the proportion of Asian American faculty in 2019 (13.4%) ($p = 0.006$) and orthopaedic residents in 2007 (12.0%) ($p = 0.02$). Moreover, this difference in the proportion of Asian American chairpersons was the primary contributor to the overall significant difference found between minority representation in orthopaedic faculty, at 25.0%, and chairpersons, at 12.3%, as the proportions of chairpersons who were Black/African American, Hispanic/Latino, or Other were not significantly different than their respective faculty representation in

2019 ($p > 0.05$ for all) (Table I). When compared with 2019 faculty, orthopaedic program directors had significantly higher Black/African American representation but significantly lower Other representation ($p < 0.05$ for both) (Table I). However, there were similar proportions of those who were Asian American and Hispanic/Latino in the orthopaedic program director position when compared with the 2019 faculty pool ($p > 0.05$) (Table I).

Comparative Growth of Diversity in Orthopaedic Surgery Leadership from 2007 to 2019

When comparing the changes in diversity among leadership, orthopaedic surgery revealed no significant change in minority representation among chairpersons from 2007 to 2019 (10.8% to 12.3% [+1.5%]; adjusted $p = 0.725$) (Fig. 3). When analyzing each race/ethnicity individually, no significant changes were observed between those 2 years (adjusted $p > 0.05$ for all) (Table I). Meanwhile, 5 of the 7 other specialties similarly experienced no significant changes in their proportions of minority chairpersons, despite many of them displaying a larger raw percentage-point increase than orthopaedic surgery (ranging from +1.4% to +10.7%) (adjusted $p > 0.05$ for all) (Fig. 3). In contrast, both general surgery and internal medicine experienced significant increases in their proportions of minority chairpersons (adjusted $p < 0.001$, adjusted $p = 0.01$, respectively) (Fig. 3). Nevertheless, comparative growth analysis revealed that the proportional growth of minority chairpersons in

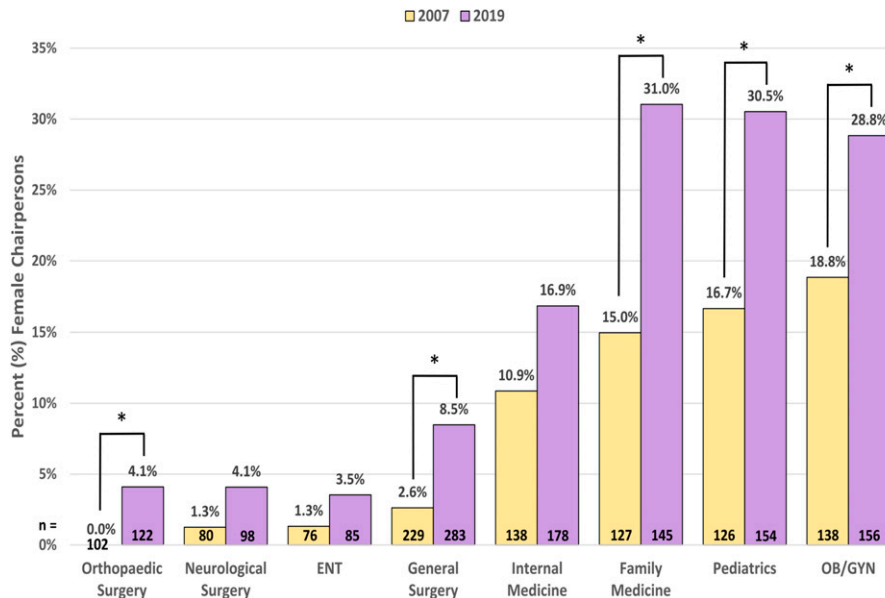
Female Chairpersons by Specialty (2007 vs. 2019)

Fig. 4

A bar graph showing the change in female representation among chairpersons from 2007 to 2019 for 8 specialties. Chairperson sample sizes are included at the bottom of each bar. An asterisk (*) indicates a significant change in female representation between the 2 years. Five specialties showed significant growth (orthopaedic surgery, by +4.1% percentage points [adjusted $p = 0.039$]; general surgery, by +5.9% percentage points [adjusted $p = 0.005$]; family medicine, by +16.0% percentage points [adjusted $p = 0.002$]; pediatrics, by +13.8% percentage points [adjusted $p = 0.006$]; and OB/GYN, by +10.0% percentage points [adjusted $p = 0.045$]), while the remaining 3 specialties experienced no significant changes between the 2 years (neurological surgery, by +2.8% percentage points [adjusted $p = 0.255$]; otolaryngology, by +2.2% percentage points [adjusted $p = 0.368$]; and internal medicine, by +6.0% percentage points [adjusted $p = 0.131$]). (AAMC Faculty Roster, December 31, 2019 snapshots^{67,68}.)

orthopaedic surgery (14.0% growth) was statistically comparable with the proportional growth experienced by all other specialties ($p > 0.05$ for all) (Fig. 3).

With respect to changes in female representation among chairpersons, the analysis of orthopaedic surgery chairpersons showed a significant increase between 2007 and 2019 (0.0% [0 of 102] to 4.1% [5 of 122]) (adjusted $p = 0.039$) (Fig. 4). Likewise, 4 of the 7 other specialties experienced significant increases in their proportions of female chairpersons (adjusted $p < 0.05$ for all) (Fig. 4). Meanwhile, neurological surgery, otolaryngology, and internal medicine experienced no significant changes in their proportion of female chairpersons (adjusted $p > 0.05$ for all) (Fig. 4). Ultimately, the comparative analysis of gender diversity growth showed that the proportional growth of female chairpersons in orthopaedic surgery was statistically comparable with the proportional growth experienced by all other specialties ($p > 0.05$ for all).

Discussion

One important contribution of leadership diversity is its potential to diversify a workforce²⁴⁻³⁰. Along these lines, orthopaedic surgery has made observable improvements in racial and gender representation in certain aspects of the profession^{20,46-49,59}. When assessing the changes in diversity of program directors and chairpersons from 2007 to 2019/2020, only an increase in female representation of chairpersons was observed.

When compared with the other specialties, however, diversity in orthopaedic leadership mostly paralleled the other surgical specialties, while remaining behind the nonsurgical specialties.

The difficulties in improving diversity in orthopaedic leadership may be attributed to the lack of diversity among faculty members^{46-49,55}. If that were the case, however, we would then anticipate no difference between the diversity composition of orthopaedic faculty members and leadership. Yet, when we compared 2019 orthopaedic faculty and orthopaedic leadership, we instead observed orthopaedic leadership to have significantly less minority and female representation ($p < 0.05$), which was a trend shared by a majority of the other specialties. When analyzing each race/ethnicity individually, a significant decrease in Asian American representation from orthopaedic faculty to chairpersons (13.4% to 4.9%) was the primary contributor to the overall significant difference between minority representation in orthopaedic faculty, at 25.0%, and chairpersons, at 12.3% ($p < 0.05$ for both comparisons). Nonetheless, the proportional growth of minority and female diversity in orthopaedic leadership was statistically comparable with the growth experienced in other specialties ($p > 0.05$ for all). The lack of significance in the chairperson analysis was likely due to the small chairperson sample sizes.

In medicine, increasing diversity in leadership to increase diversity in a workforce is a relatively new approach; however,

industries outside of health care have already substantiated the positive impact of diverse leadership²⁴⁻²⁹. A 2001 study at Tulane University determined that racial diversity in leadership was associated with greater racial diversity among metropolitan workers (6.9 to 19.8 times more likely, depending on race)²⁵. In regard to gender diversity, a 2014 study at a North American technology firm revealed a moderate correlation (correlation coefficient of 0.21 to 0.28; $p < 0.05$) between a gender-diverse senior management and women nominated for future leadership positions²⁸. Overall, these findings are consistent with those of several studies that have demonstrated the ability of diverse leadership teams to enhance the diversity of future leadership and the underlying workforce²⁴⁻³⁰.

Studies relating to diversity in medical academic settings have highlighted the strong influence of orthopaedic faculty diversity on orthopaedic applicant and resident diversity^{20,30,46,57,58}. On the basis of these findings, the same principle may apply to diversity among orthopaedic chairpersons, who are typically in a position to hire a more diverse body of program directors, faculty, and residents. For example, the Yale New Haven Hospital Orthopaedic Residency program consists of a diverse faculty and staff, including the recent appointment of a female chairperson and female program director, which has contributed to an increasingly diverse residency class, well above its previous classes⁷⁶.

Despite the novelty of the investigation's findings, this study has several limitations. First, the data sources utilized rely on self-reporting of race, ethnicity, and sex/gender, which is susceptible to self-report bias and errors in self-reporting. However, this should equally affect all specialties, thereby minimizing any specialty-specific discrepancies. Second AAMC and JAMA data sources collect information through GME Track surveys, in which respondents are not prohibited from selecting multiple races or ethnicities. Because of this, the sums of the individual races and ethnicities were greater than the AAMC and JAMA reported totals. To standardize data aggregation, we utilized the sum of the responses for each race and ethnicity as the total sample size for each population. Third, changes in demographic data between 2007 and 2019 provide a snapshot comparison with limited ability to reveal trends over time; nevertheless, we believe 12 years to be a substantial enough time lapse to allow for meaningful analysis of changes in diversity. Fourth, because of overlap between race/ethnicity and gender data sets, we never aggregated racial/ethnic and gender data sets to prevent double counting.

In summary, orthopaedic surgery has made observable strides in improving leadership diversity, mainly in regard to

female chairperson representation; however, for minority and female representation, the specialty's rate of diversity growth is comparable with growth rates experienced by other surgical and nonsurgical specialties, thus limiting its ability to bridge diversity gaps. Moreover, the significant decrease in minority and gender representation from orthopaedic faculty to leadership, which was a trend shared by a majority of the other specialties, may suggest a more pervasive problem in the diversity of medical leadership that is not isolated to orthopaedic surgery. Although it is possible that the representation in leadership will naturally improve over time as the early stages of the pipeline diversify (ground-up approach), in this study, we observed minimal progress in the diversity of orthopaedic leadership from 2007 to 2019. On the basis of our findings, other relevant research, and AAMC initiatives⁷⁷, we recommend 3 potential solutions to help bridge diversity gaps: (1) incorporation of the "Rooney Rule" in the leadership selection process, whereby at least 1 minority applicant and 1 female applicant are interviewed for every position⁷⁸, (2) commitment to having diverse membership on the selection committee for orthopaedic leadership; if needed, the selection committee may need to include diverse leaders from other specialties, and (3) active encouragement from the dean or chief executive officer of an organization to communicate the importance of diversity of leadership in the academic health system. ■

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