Chronic vertebrobasilar insufficiency in subclavian steal syndrome

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A 60-year-old woman with a long-standing history of seizures (for 20 years) stable on phenytoin (400 mg qhs) presented with subacute progressive vertigo, binocular diplopia, and gait ataxia. Her vital signs were normal at presentation. On examination, the patient was noted to have horizontal gaze nystagmus, mild gait ataxia, and upper and lower extremity ataxia worse on the right side. Computed tomography (CT) of the head and magnetic resonance imaging (MRI) brain was normal without any evidence for acute ischemic changes on diffusion-weighted imaging (DWI) (Figure 1A,B), and T2 signal changes on the fluid-attenuated inversion recovery (FLAIR) sequence (Figure 1C). CT angiogram (CTA) of the head and neck revealed complete occlusion of the left subclavian artery distal to its origin and proximal to the origin of the left vertebral artery (Figure 1D). Metabolic, autoimmune, infectious, paraneoplastic, and neoplastic workup was negative (Appendix S1). The patient had mildly elevated phenytoin levels, but that was not causative of her symptoms. The patient's symptoms persisted for over 2 months without any improvement. She underwent left carotid artery to subclavian artery bypass with complete resolution of neurological symptoms.

1 | CONCLUSION

We present an unusual case of subclavian steal syndrome presenting with chronic vertebrobasilar insufficiency that improved after surgical revascularization. Subclavian steal syndrome is a vascular disorder that consists of significant blood supply restriction with resultant insufficiency of the vertebrobasilar artery and the subclavian artery causing symptomatic insufficiency to the brain and upper extremity. It is important to recognize this condition in patients with subacute to chronic posterior circulation vascular insufficiency as early diagnosis and treatment can have good clinical outcomes (J Clin Neurosci. 2010;17:1339). CT angiogram of the head and neck should be considered in patients with chronic vertebrobasilar insufficiency to evaluate subclavian steal syndrome.
symptomatic insufficiency to the brain and upper extremity. It is important to recognize this condition in patients with subacute to chronic posterior circulation vascular insufficiency as early diagnosis and treatment can have good clinical outcomes.¹

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CONFLICT OF INTEREST
The authors have declared no conflicts of interests.

AUTHOR CONTRIBUTIONS
SP: contributed to major role in the acquisition of data, design, and conceptualized study, analyzed the data, and helped drafting the manuscript. AM: contributed to drafting/revising of the manuscript for content including medical writing for content, major role in acquisition of data, study concept for design, analysis or interpretation of data, and approval of the final draft.

ETHICAL APPROVAL
Informed consent has been obtained for the publication of this clinical image. Henry Ford Hospital does not require IRB approval for the case report.

DATA AVAILABILITY STATEMENT
Information related to this article is available from the corresponding author upon request.

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SUPPORTING INFORMATION
Additional supporting information may be found online in the Supporting Information section.

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