Henry Ford Health Henry Ford Health Scholarly Commons

Cardiology Articles

Cardiology/Cardiovascular Research

4-19-2022

Outcomes in Smaller Body Size Adults After HeartMate 3 Left Ventricular Assist Device Implantation

Ezequiel J. Molina

Jennifer A. Cowger Henry Ford Health, jcowger1@hfhs.org

Sangjin Lee

Douglas Horstmanshof

Joseph C. Cleveland

See next page for additional authors

Follow this and additional works at: https://scholarlycommons.henryford.com/cardiology_articles

Recommended Citation

Molina EJ, Cowger J, Lee S, Horstmanshof D, Cleveland JC, Jr., Goldstein DJ, Mehra MR, Uriel N, Salerno CT, Bourque K, Chuang J, and Naka Y. Outcomes in Smaller Body Size Adults after HeartMate 3 Left Ventricular Assist Device Implantation. Ann Thorac Surg 2022.

This Article is brought to you for free and open access by the Cardiology/Cardiovascular Research at Henry Ford Health Scholarly Commons. It has been accepted for inclusion in Cardiology Articles by an authorized administrator of Henry Ford Health Scholarly Commons.

Authors

Ezequiel J. Molina, Jennifer A. Cowger, Sangjin Lee, Douglas Horstmanshof, Joseph C. Cleveland, Daniel J. Goldstein, Mandeep R. Mehra, Nir Uriel, Christopher T. Salerno, Kevin Bourque, Joyce Chuang, and Yoshifumi Naka

Outcomes in Smaller Body Size Adults After HeartMate 3 Left Ventricular Assist Device Implantation

Ezequiel J. Molina, MD, Jennifer Cowger, MD, Sangjin Lee, MD, Douglas Horstmanshof, MD, Joseph C. Cleveland, Jr, MD, Daniel J. Goldstein, MD, Mandeep R. Mehra, MD, Nir Uriel, MD, Christopher T. Salerno, MD, Kevin Bourque, MSME, Joyce Chuang, PhD, and Yoshifumi Naka, MD, PhD

Department of Cardiac Surgery, MedStar Heart & Vascular Institute, Georgetown University, Washington, DC; Division of Cardiovascular Medicine, Henry Ford Hospitals, Detroit, Michigan; Advanced Heart Failure Section, Spectrum Health, Grand Rapids, Michigan; Department of Advanced Cardiac Care, INTEGRIS Baptist Medical Center, Oklahoma City, Oklahoma; Division of Cardiothoracic Surgery, University of Colorado School of Medicine, Aurora, Colorado; Department of Cardiothoracic Surgery, Montefiore Einstein Center for Heart and Vascular Care, New York, New York; Center for Advanced Heart Disease, Brigham and Women's Hospital Heart and Vascular Center and Harvard Medical School, Boston, Massachusetts; Department of Medicine, Columbia University College of Physicians and Surgeons and NewYork-Presbyterian Hospital, New York, New York; Department of Surgery, Columbia University College of Physicians and Surgeons and NewYork-Presbyterian Hospital, New York, New York

ABSTRACT

BACKGROUND Outcomes in patients with smaller body size after HeartMate 3 left ventricular assist device (HM3) implantation are not well characterized. We sought to evaluate outcomes in smaller vs larger body surface area (BSA) patients in the MOMENTUM 3 pivotal trial and its Continued Access Protocol cohort.

METHODS The analysis cohort included 1015 HM3 patients divided into 2 groups: BSA \leq 1.70 m² (small patients, n = 82) and BSA >1.70 m² (large patients, n = 933). The composite primary end point was survival at 2 years free of disabling stroke or reoperation to replace or to remove a malfunctioning device. Adverse events were compared between groups.

RESULTS Smaller patients were more frequently women (56.1% vs 17.7%; P < .001) and had lower prevalence of diabetes (28.1% vs 43.9%; P = .005) and hypertension (51.2% vs 71.9%; P < .001), larger median indexed LVEDD (normalized by BSA, 40 vs 33 mm/m²; P < .001), and lower median serum creatinine concentration (1.1 vs 1.3 mg/dL; P < .001). The proportion of patients achieving the composite end point at 2 years was 77% in both groups (adjusted hazard ratio, 1.14; 95% Cl, 0.68-1.91; P = .62). Two-year adverse event rates were also similar between groups except for sepsis (6.1% vs 14.9%; P = .029) and cardiac arrhythmias (24.4% vs 35.3%; P = .005), which were higher in the larger patients.

CONCLUSIONS Outcomes after HM3 implantation were comparable between small and large patients. Smaller body size should not be used to deny HM3 implantation in patients who are otherwise suitable candidates for durable mechanical circulatory support.

(Ann Thorac Surg 2022;∎:∎-■) © 2022 by The Society of Thoracic Surgeons

urable mechanical circulatory support (MCS) devices have revolutionized the treatment of end-stage heart failure during the last 25 years. Small patients were initially deemed ineligible for the bulky first-generation volume displacement devices. The HeartMate XVE left ventricular assist device (LVAD), for example, required a minimum body surface area (BSA) of 1.5 m². The MCS field has since experienced

dramatic LVAD technology improvements. Large, pulsatile devices have been replaced by miniaturized, intrapericardial, continuous flow pumps, allowing use in

The Supplemental Material can be viewed in the online version of this article [https://dx.doi.org/10.1016/j.athoracsur.2022.03.071] on http:// www.annalsthoracicsurgery.org.

Address correspondence to Dr Molina, 110 Irving St NW, Ste A101, Rm #A111, Washington, DC 20010; email: ezequiel.j.molina@medstar.net.

Accepted for publication Mar 28, 2022.

Downloaded for Anonymous User (n/a) at Henry Ford Hospital / Henry Ford Health System (CS North America) from ClinicalKey.com by Elsevier on May 11, 2022. For personal use only. No other uses without permission. Copyright ©2022. Elsevier Inc. All rights reserved.

ARTICLE IN PRESS

MOLINA ET AL LVAD OUTCOMES IN SMALLER BSA PATIENTS

Abbreviations and Acronyms

BSA = body surface area
CAP = Continued Access Protocol
HMII = HeartMate II LVAD
HM3 = HeartMate 3 LVAD
HR = hazard ratio
INTERMACS = Interagency Registry for Mechanically Assisted
Circulatory Support
IQR = interquartile range
LV = left ventricle
LVAD = left ventricular assist device
LVEDD = left ventricular end-diastolic diameter (i, indexed)
MCS = mechanical circulatory support
QOL = quality of life

smaller adults and more recently in pediatric patients.¹ However, the safety and efficacy of LVADs in small patients have been understudied, and small adults are still frequently denied durable LVAD therapy on the basis of

TABLE 1 Baseline Demographics and Preoperative Characteristics								
Demographic	$\begin{array}{l} \textbf{BSA} \leq 1.70 \ \textbf{m^2} \\ \textbf{(n=82)} \end{array}$	BSA >1.70 m ² (n = 933)	<i>P</i> value ^a					
BSA, m ²	1.63 (1.54-1.68)	2.08 (1.92-2.26)	<.001					
BMI, kg/m ²	21 (19-24)	29 (25-33)	<.001					
Age, y	64 (53-70)	62 (53-69)	.38					
Female	46 (56.1)	165 (17.7)	<.001					
Race			<.001					
White	48 (58.5)	627 (67.4)						
Black	23 (28.1)	262 (28.1)						
Asian/Pacific Islander	7 (8.5)	9 (1.0)						
Other race	4 (4.9)	33 (3.5)						
Destination therapy	58 (70.7)	569 (61.0)	.08					
Ischemic cause of heart failure	27 (32.9)	408 (43.7)	.06					
History of diabetes	23 (28.1)	410 (43.9)	.005					
History of hypertension	42 (51.2)	671 (71.9)	<.001					
History of ICD insertion	51 (62.2)	659 (70.6)	0.11					
IABP	14 (17.1)	129 (13.8)	.42					
INTERMACS profile			.69					
1	0 (0)	22 (2.4)						
2	25 (30.5)	274 (29.6)						
3	45 (54.9)	495 (53.5)						
4-7	12 (14.6)	135 (14.6)						
LVEDD, mm	63 (58-70)	68 (62-76)	<.001					
LVEDDi, mm/m ²	40 (36-43)	33 (29-37)	<.001					
Mean arterial pressure, mm Hg	73 (69-82)	79 (73-87)	<.001					
Pulmonary capillary wedge pressure, mm Hg	22 (14-28)	24 (17-29)	.06					
Central venous pressure, mm Hg	8 (4-13)	10 (6-15)	.009					
Pulmonary vascular resistance, Wood units	3.4 (2.2-4.5)	2.8 (1.9-4.1)	.04					
Total bilirubin, mg/dL	0.8 (0.6-1.3)	0.9 (0.6-1.3)	.61					
Blood urea nitrogen, mg/dL	23 (18-29)	25 (19-35)	.036					
Albumin, g/dL	3.6 (3.2-3.8)	3.6 (3.3-3.9)	.32					
Creatinine, mg/dL	1.1 (0.9-1.4)	1.3 (1.0-1.6)	<.001					

^aWilcoxon rank sum test or χ^2 or Fisher exact test as appropriate. Continuous variables are presented as median (interquartile range). Categorical variables are presented as counts (percentage). BMI, body mass index; BSA, body surface area; IABP, intra-aortic balloon pump; ICD, implantable cardioverter-defibrillator; INTERMACS, Interagency Registry for Mechanically Assisted Circulatory Support; LVEDD, left ventricular end-diastolic diameter; LVEDD, indexed LVEDD.

anatomic and physiologic concerns. For example, the perception that smaller patients have smaller left ventricle (LV) size may affect their LVAD candidacy as it has been shown that patients with smaller LV cavities have a differential outcome.² Furthermore, small adult patients have been significantly underrepresented in clinical trials and LVAD registries.3-11 Analyses from The Society of Thoracic Surgeons Interagency Registry for Mechanically Assisted Circulatory Support (INTER-MACS) database reported an average BSA of 2.07 m² in implanted patients7; however, only 2% of patients had a BSA <1.5 m^{2.9} In addition to anatomy, clinician concerns include a potential higher incidence of adverse events, such as stroke, pump thrombosis, infection, bleeding, and right ventricle failure,^{9,12,13} and a perception that LVADs cause more pain in small patients.

The HeartMate 3 LVAD (HM3) is a fully magnetically levitated, intrapericardial pump with a short inlet cannula (Abbott).¹⁴ This pump demonstrated superior results compared with the HeartMate II LVAD (HMII; Abbott), which required a preperitoneal pump pocket and was not designed for small patients.¹⁵ Despite the successful use of HM3 in the general population of LVAD patients, there remains a lack of HM3 clinical data specific to small patients.

In this nonpowered, retrospective analysis, we evaluated outcomes of small patients who received the HM3 within the MOMENTUM 3 pivotal trial and its Continued Access Protocol (CAP) study. We hypothesized that "small" HM3 patients (BSA \leq 1.70 m²) have similar overall outcomes compared with "large" HM3 patients with (BSA >1.70 m²).

PATIENTS AND METHODS

PATIENT COHORT. The analysis cohort includes 515 patients implanted with HM3 in the MOMENTUM 3 pivotal trial (NCT02224755) and the first 500 of 1685 patients implanted in the MOMENTUM 3 CAP cohort (NCT02892955). Patients were observed for 2 years with a data cutoff in February 2020. The MOMENTUM 3 pivotal trial was a multicenter, randomized study comparing the HM3 with the HMII.¹⁶ MOMENTUM 3 CAP is a single-arm, prospective, multicenter study for continued evaluation of the HM3. Both studies were sponsored by Abbott. Protocols were approved by each Institutional Review Board, and written informed consent was obtained from all patients or their authorized representatives.

DEFINITION OF SMALL BSA. No consensus for small body size definition exists for adult LVAD recipients. Patients with BSA \geq 1.2 m² were eligible for LVAD implantation in MOMENTUM 3 and CAP. Only 14 analysis cohort patients (1.4%) had BSA \leq 1.50 m². For our analysis, the threshold

Ann Thorac Surg 2022;∎:∎-■ 3

for small BSA was set at the 10th percentile (rounded down to the nearest tenth) of the available patient distribution (BSA \leq 1.70 m²).

END POINTS. We analyzed pump parameters, left ventricular end-diastolic diameter (LVEDD), and the index parameter of LVEDD normalized by BSA (LVEDDi) between groups. The MOMENTUM 3 composite primary end point, survival at 2 years free of disabling stroke (modified Rankin score >3) or reoperation to replace or to remove a malfunctioning pump, was evaluated. Death, disabling stroke, pump exchange, explantation for reason other than myocardial recovery, urgent transplantation for device malfunction, and withdrawal from the study were considered failures of the primary end point. Other end points included overall survival, adverse events, functional status and quality of life (QOL) by New York Heart Association class, 6-minute walk distance, and EuroQol 5-Dimension 5-Level (EQ-5D-5L) visual analog scale over time. Moderate to extreme pain or discomfort as reported by the patient in the EQ-5D-5L questionnaire was investigated. Finally, examined whether we readmission rates due to low flow alarms were higher in small patients.

STATISTICAL ANALYSIS. Continuous variables are presented as median and interquartile range (IQR) or mean \pm standard deviation. Categorical variables are described as counts and percentages. Univariate comparisons of median values were performed with Wilcoxon rank sum test. Univariate comparisons of categorical variables were performed with χ^2 test or Fisher exact test as appropriate. The Kaplan-Meier method was used to calculate survival estimates for time-to event analyses. Cox proportional hazards models were used to calculate adjusted hazard ratios (HRs) for the composite primary end point and survival as described in Supplemental Tables 1 and 2. Adverse event rates are shown as percentage of patients experiencing events and events per patient-year compared between groups using Poisson regression. Rate differences are described as rate ratios and 95% CIs. Longitudinal changes in LV size, pump parameters, 6-minute walk test distance, and QOL were analyzed by repeated measures linear mixed effects modeling.

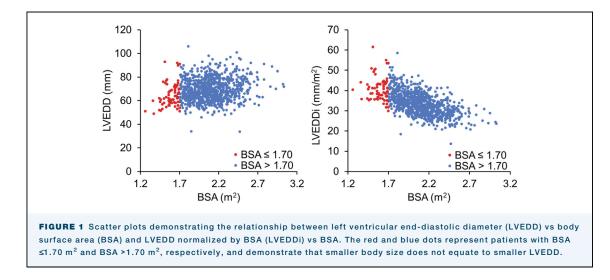
All reported *P* values are 2 tailed, and *P* values < .05 are considered statistically significant. Statistical analyses were performed with SAS software, version 9.4 (SAS Institute).

RESULTS

BASELINE CHARACTERISTICS. The analysis cohort included 1015 HM3 patients with average BSA of $2.07 \pm 0.27 \text{ m}^2$. There were 82 small patients ($\leq 1.70 \text{ m}^2$) and 933 large patients ($>1.70 \text{ m}^2$). Small patients were characterized by lower baseline blood urea nitrogen and creatinine concentrations but higher pulmonary vascular resistance. They were also more likely to be female or of Asian descent and were less likely to have a history of diabetes or hypertension compared with larger patients (Table 1).

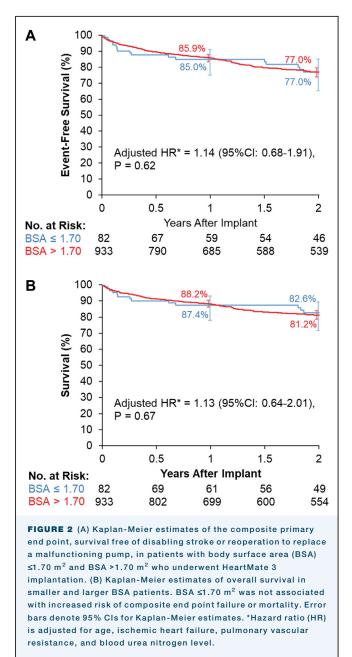
In comparison to larger patients, the small patients had lower baseline LVEDD but higher LVEDDi. Figure 1 shows the relationship between LVEDD and LVEDDi vs BSA. Outcomes for patients stratified by LVEDD are provided for reference in Supplemental Figure 1.

INTRAOPERATIVE AND EARLY **POSTOPERATIVE RESULTS.** In smaller vs larger patients, median implant time (260 [IQR, 198-340] minutes vs 264 [IQR, 205-343] minutes; P = .97), cardiopulmonary bypass time (83 [IQR, 64-107] minutes vs 83 [IQR, 64-110] minutes; P=.97), and need for concomitant procedures (36.6% vs



Downloaded for Anonymous User (n/a) at Henry Ford Hospital / Henry Ford Health System (CS North America) from ClinicalKey.com by Elsevier on May 11, 2022. For personal use only. No other uses without permission. Copyright ©2022. Elsevier Inc. All rights reserved.

MOLINA ET AL LVAD OUTCOMES IN SMALLER BSA PATIENTS



36.4%; P=.98) were comparable. The rate of discharge on HM3 support from implant hospitalization was similar between groups (92.7% vs 94.9%; P=.40), but median length of stay was longer for smaller patients (21 [IQR, 17-29] days vs 19 [IQR, 14-25] days; P = .032).

PUMP PARAMETERS, CHANGES IN LVEDDI, AND MEAN ARTERIAL PRESSURE

Average HM3 pump speeds and estimated flows at different time points are shown in Supplemental Table 3. At all time points, small patients were supported at lower pump speeds and flows over time. However,

indexed flows (flow normalized by BSA) were higher in smaller patients (P < .05). Compared with large patients, LVEDD in small patients continued to be lower with LVAD support but LVEDDi was higher (Supplemental Figure 2). Mean arterial pressure averages were not significantly different between groups over time (Supplemental Table 4).

PRIMARY COMPOSITE END POINT AND SURVIVAL. Kaplan-Meier estimates for the composite end point of survival free of disabling stroke or reoperation to replace a malfunctioning pump are shown in Figure 2A. The proportion of patients achieving the composite end point at 2 years was 77.0% in both groups (adjusted HR, 1.14; 95% CI, 0.68-1.91; P = .62). In Supplemental Figure 3, Kaplan-Meier estimates of the composite primary end point in additional substratifications of BSA ranges (\leq 1.50 m², 1.51-1.70 m², 1.71-2.00 m², 2.01-2.30 m², and >2.30 m²) were also similar (log-rank, P = .97).

Kaplan-Meier estimates of overall survival at 2 years were 82.6% and 81.2% in small and large patients, respectively (adjusted HR, 1.13; 95% CI, 0.64-2.01; P = .67; Figure 2B). Causes of death for both groups are reported in Supplemental Tables 5 and 6. Competing outcomes for both cohorts are shown in Supplemental Figure 4.

ADVERSE EVENTS. The 2-year adverse event incidence and rates are shown in Table 2. There were no significant differences except for lower incidences of sepsis, cardiac arrhythmias, and ventricular arrhythmias in small patients. There was numerically but not statistically significantly more right ventricular assist device use in small patients (8.5% vs 5.1%; P = .19).

FUNCTIONAL STATUS AND QOL

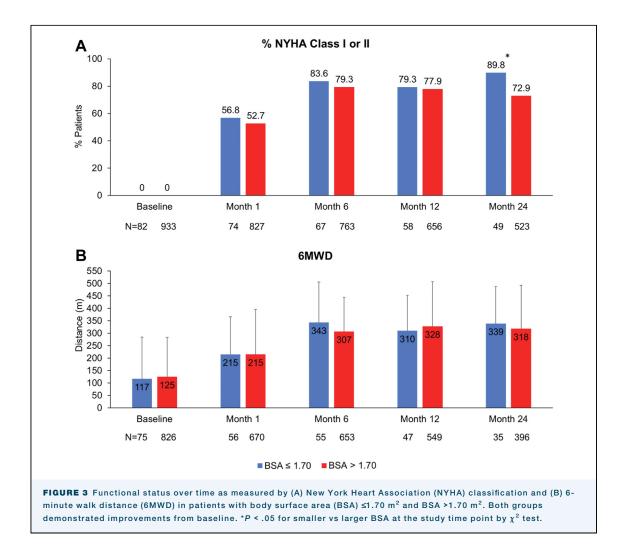
Both groups experienced similar heart failure symptom improvements (Figure 3A) and significant increases in 6-minute walk test distances from baseline (Figure 3B). The cohort of small patients had slightly better QOL during the 2-year follow-up (P = .037; Figure 4), and the degree of moderate to extreme pain or discomfort was no different between groups (Supplemental Figure 5).

READMISSIONS ASSOCIATED WITH LOW FLOW ALARMS. Of the patients discharged from the implant hospitalization, 22.4% of small and 14.2% of large patients were later readmitted for low flow alarms (P = .06), detailed in Supplemental Table 7.

COMMENT

In this study, we report the baseline characteristics and clinical outcomes of small (BSA \leq 1.70 m²) compared with large HM3 patients enrolled in the MOMENTUM 3

5



pivotal trial and CAP cohort. We found that small adult HM3 patients are more likely to be female, to have lower incidence of diabetes and hypertension, to have relatively large LVs, to have lower pump speeds but higher indexed flows, to achieve similar 2-year survival as large patients, to demonstrate a favorable adverse event profile including low rates of stroke and pump thrombosis, and to show comparable improvements in functional status and QOL.

The association between female sex and smaller body size in durable LVAD recipients has been previously demonstrated.^{,9,10,13,17,18} However, a more specific phenotype for this underserved population of patients has not been well characterized. As expected, smaller BSA patients in our analysis have high female representation and a lower body mass index. This smaller size cohort of patients also demonstrated lower incidence of diabetes and hypertension. INTERMACS profiles and implant strategy were comparable between groups, but there was a tendency toward use as destination therapy for the smaller patients (70.7% vs 61.0%).

Although it is unclear whether ventricular size plays a significant role in determining LVAD outcomes, at least 2 studies have shown potential importance. In a cohort of HMII recipients, an LVEDD smaller than 60 mm was associated with higher risk of stroke and mortality.¹⁹ In an INTERMACS analysis, Shah and colleagues²⁰ found that survival improved with progressive increase in LV size. An important finding of this study is that small body size does not equate to small LV size. Analysis of LVEDD normalized by BSA may be an informative index. According to the American Society of Echocardiography and the European Association of Cardiovascular Imaging, normal LVEDDi ranges are 22 to 30 mm/m² for men and 23 to 31 mm/m² for women.²¹ In our study, we found that LVEDDi was abnormally high in both groups. Furthermore, LVEDDi was higher in smaller patients and remained higher throughout the follow-up period. Although preimplantation LVEDD may represent a more important variable than BSA in many patients, we did not find differences in failure of the primary composite end point between patients with different LVEDD

MOLINA ET AL LVAD OUTCOMES IN SMALLER BSA PATIENTS

6

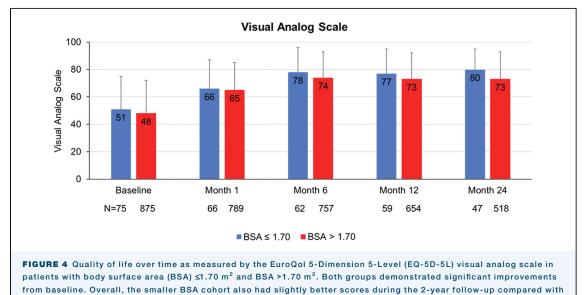
	BSA ≤1.70 m² (n = 82)	BSA >1.70 m² (n = 933)	EPPY				
Adverse event	No. (%)	No. (%)	P value ^a	$\textbf{BSA} \leq \textbf{1.70} \ \textbf{m^2}$	BSA > 1.70 m ²	Rate ratio (95% CI)	P value ^b
Suspected device thrombosis	1 (1.2)	13 (1.4)	1.00	0.01	0.01	0.87 (0.11-6.65)	.89
Stroke	11 (13.4)	95 (10.2)	.36	0.10	0.08	1.26 (0.69-2.28)	.45
Disabling (MRS >3)	5 (6.1)	44 (4.7)	.58	0.04	0.04	1.13 (0.45-2.84)	.79
Bleeding	37 (45.1)	427 (45.8)	.91	0.76	0.66	1.16 (0.94-1.43)	.17
Gastrointestinal	19 (23.2)	243 (26.1)	.57	0.35	0.34	1.02 (0.75-1.40)	.89
Major infection	45 (54.9)	528 (56.6)	.76	0.78	0.77	1.01 (0.82-1.24)	.92
Driveline	24 (29.3)	218 (23.4)	.23	0.27	0.22	1.26 (0.88-1.80)	.20
Sepsis	5 (6.1)	139 (14.9)	.029	0.04	0.12	0.33 (0.13-0.80)	.014
Right-sided heart failure	25 (30.5)	319 (34.2)	.50	0.22	0.26	0.87 (0.59-1.27)	.47
RVAD or inotropes ≥14 days	19 (23.2)	171 (18.3)	.28	0.15	0.13	1.17 (0.73-1.87)	.52
RVAD	7 (8.5)	48 (5.1)	.19	0.06	0.03	1.62 (0.73-3.57)	.24
Cardiac arrhythmia	20 (24.4)	329 (35.3)	.047	0.18	0.35	0.50 (0.33-0.77)	.002
Ventricular	8 (9.8)	195 (20.9)	.016	0.07	0.21	0.35 (0.18-0.68)	.002
Renal dysfunction	7 (8.5)	132 (14.2)	.16	0.06	0.11	0.52 (0.24-1.11)	.09

^aThe χ^2 test or Fisher exact test as appropriate; ^bPoisson regression. Boldface *P* values represent statistical significance. BSA, body surface area; EPPY, events per patient-year; MRS, modified Rankin score; RVAD, right ventricular assist device.

ranges, including patients with LVEDD smaller than 50 mm. However, evaluation of the influence of LV size on outcomes was limited by the low number of patients with a small LVEDD in our study. A larger population of patients from large registries with more heterogeneous LVEDD is necessary to investigate the influence of a small LV cavity in LVAD outcomes. The relationships between body size, ventricular size, and clinical outcomes play an important role in patient selection and warrant further study.

described to date. In this study, intraoperative findings were comparable between the groups with similar procedure length, cardiopulmonary bypass time, and incidence of concomitant procedures. Smaller patients were managed with lower pump speeds throughout follow-up and achieved lower pump flows compared with larger patients, which is indicative of allometric relationship between body size and cardiac output. However, the indexed pump flows were higher in the group of smaller patients, whereas mean arterial pressure was maintained at similar levels compared with the larger patients. As mean arterial pressure was not found to

Tailoring specific surgical implantation techniques to small patients may be necessary but has not been



larger patients (P = .037).

7

correlate with body size, this may suggest the presence of lower systemic vascular resistance index in smaller patients as well.

A main finding of our study is that survival free of disabling stroke and pump replacement and overall survival were similar between groups. A 2017 INTER-MACS analysis showed similar overall survival between patients with BSA \leq 1.5 m² and BSA >1.5 m².⁹ A multicenter Japanese study also reported similar survival outcomes in 30 patients with BSA <1.5 m² who received the HMII.¹³

Few studies have investigated whether small patients experience a different adverse event profile. Zafar and coworkers9 reported higher incidence of bleeding and driveline infections and lower rates of late right-sided heart failure and renal dysfunction in patients with BSA <1.5 m². Ono and colleagues¹³ also found a higher incidence of driveline infections in this population of small patients. A European study that investigated outcomes in 167 patients who received the Berlin Heart INCOR LVAD demonstrated that BSA <1.87 m² was an independent risk factor for death due to stroke or systemic bleeding.¹² In general, results from our analysis demonstrate similar adverse event rates between smaller and larger HM3 patients. It is reassuring that despite the lower pump speeds and lower flows demonstrated in smaller patients, the incidence of pump thrombosis and stroke was similar, perhaps because of full magnetic levitation technology, which has been associated with a lower incidence of hemocompatibility adverse events.^{16,22} Driveline infections were comparable between groups. A lower incidence of ventricular arrhythmias was seen in smaller patients. Although this finding may be counterintuitive, it suggests that potential contact between the inflow cannula and the myocardial wall in smaller patients may no longer be a concern. It is possible that the higher incidence of ventricular arrhythmias in larger BSA patients in this study is related to a larger body size,²³ a larger preoperative LV size,²⁴ and a more frequent history of implantable cardioverter-defibrillator insertion. Rightsided heart failure is a complication believed to potentially affect smaller patients more than larger patients. In our analysis, right ventricle failure rates were similar between groups, but there was a numerically higher rate of right ventricular assist device use in smaller patients.

An interesting finding of this study is that despite demonstrating higher indexed pump flows (normalized by BSA), readmissions secondary to low flow alarms were numerically higher in the smaller BSA group. However, low flow alarms are triggered by absolute pump flows (2.5 L/min), not indexed flows. It is possible that conditions such as dehydration and hypertension more frequently expose smaller patients to the low flow alarm threshold compared with larger patients. Native heart contribution to the cardiac output through the aortic valve was not measured in the MOMENTUM 3 trial; therefore, we cannot conclusively explain these findings. Additional studies investigating the long-term safety of patients supported with lower pump flows are needed.

Finally, small patients enjoyed similar improvements in functional status and QOL compared with larger patients. As LVAD technology evolves and patients experience longer survival, improvements in these areas become increasingly important. Pain and discomfort were not more common in the smaller patients, reassuring because of a risk of more physical interactions between the device and the chest wall, a potential source of pain.

LIMITATIONS. This analysis has several key limitations. First, this was a nonpowered, retrospective evaluation of MOMENTUM 3 pivotal trial and CAP patients. The entry criteria restricted patients to BSA \geq 1.2 m². Second, our cutoff of BSA <1.70 m² was chosen to achieve a sufficiently large sample that nevertheless represents the extreme low end of the size distribution (<10th percentile). Most of our small patients had a BSA between 1.50 and 1.70 m², and therefore our results mainly apply to patients in this more limited BSA range. Conducting the main comparative analysis with the historical cutoff BSA \leq 1.50 m² was not possible because only 14 patients would have qualified. However, a supplemental analysis of the group with BSA \leq 1.50 m² showed similar results to larger patients with respect to the primary end point at 2 years. It is possible that the observed outcomes may have differed if more patients with BSA <1.50 m² had been enrolled. Also, with only 82 patients in the group with BSA \leq 1.70 m², the analyses are still somewhat underpowered and at risk of type II error. Despite these limitations, our study provides important long-term clinical evidence in a group of smaller patients who constitute a minority of the overall population of LVAD patients but may benefit from HM3 therapy.

CONCLUSION. Small body size (BSA \leq 1.70 m²) should not represent an exclusion criterion for HM3 implantation in patients with advanced heart failure who are otherwise candidates for durable MCS and exhibit a dilated LV. The relationship between body size, ventricle size, and postimplantation outcomes deserves further investigation.

FUNDING SOURCES

The authors have no funding sources to disclose

The authors wish to acknowledge Gerald Heatley as a statistical contributor for this work.

MOLINA ET AL LVAD OUTCOMES IN SMALLER BSA PATIENTS

DISCLOSURES

Ezequiel Molina has no conflicts to disclose. Jennifer Cowger: consultant/ speaker for Abbott and Medtronic; on steering committee/study panels for Medtronic, Abbott, and Procyrion. Henry Ford: institutional funds from Abbott, Medtronic, and Procyrion. Sangjin Lee: consulting payments made to his institution from Medtronic. Douglas Horstmanshof: consultant and speaker's bureau fees from Abbott. Joseph Cleveland: grant support from Abbott. Daniel Goldstein: educator and surgical proctor for Abbott. Mandeep Mehra: payments made to his institution from Abbott for consulting; consulting fees from Portola, Bayer, Triple Gene, and Baim Institute for Clinical Research; advisory board member for Medtronic, Janssen, NuPulseCV, Leviticus, FineHeart, and Mesoblast. Nir Uriel: grant support and consultant fees from Abbott and Medtronic. Christopher Salerno: consultant fees from Abbott and Medtronic. Kevin Bourque and Joyce Chuang: Abbott employees. Yoshifumi Naka: consultant fees from Abbott.

REFERENCES

 O'Connor MJ, Lorts A, Davies RR, et al. Early experience with the HeartMate 3 continuous-flow ventricular assist device in pediatric patients and patients with congenital heart disease: a multicenter registry analysis. *J Heart Lung Transplant*. 2020;39:573-579.

2. Topilsky Y, Pereira NL, Shah DK. Left ventricular assist device therapy in patients with restrictive and hypertrophic cardiomyopathy. *Circ Heart Fail*. 2011;4:266-275.

3. Miller LW, Pagani FD, Russell SD, et al. Use of a continuous-flow device in patients awaiting heart transplantation. *N Engl J Med*. 2007;357:885-896.

4. Slaughter MS, Rogers JG, Milano CA, et al. Advanced heart failure treated with continuous-flow left ventricular assist device. *N Engl J Med.* 2009;361:2241-2251.

5. Aaronson KD, Slaughter MS, Miller LW, et al. Use of an intrapericardial, continuous-flow, centrifugal pump in patients awaiting heart transplantation. *Circulation*. 2012;125:3191-3200.

6. Rogers JG, Pagani FD, Tatooles AJ, et al. Intrapericardial left ventricular assist device for advanced heart failure. N Engl J Med. 2017;376:451-460.

7. Teuteberg JJ, Cleveland JC, Cowger J, et al. The Society of Thoracic Surgeons Intermacs 2019 annual report: the changing landscape of devices and indications. *Ann Thorac Surg.* 2020;109:649-660.

8. Zimpfer D, Gustafsson F, Potapov E, et al. Two-year outcome after implantation of a full magnetically levitated left ventricular assist device: results from the ELEVATE Registry. *Eur Heart J.* 2020;41:3801-3809.

9. Zafar F, Villa CR, Morales DL, et al. Does small size matter with continuous flow devices? Analysis of the INTERMACS database of adults with BSA \leq 1.5 m². *JACC Heart Fail*. 2017;5:123-131.

 Magnussen C, Bernhardt AM, Ojeda FM, et al. Gender differences and outcomes in left ventricular assist device support: the European Registry for Patients with Mechanical Circulatory Support. *J Heart Lung Transplant*. 2018:37:61-70.

11. Kinugawa K, Nishimura T, Toda K, et al. The second official report from Japanese registry for mechanical assisted circulatory support (J-MACS): first results of bridge to bridge strategy. *Gen Thorac Cardiovasc Surg.* 2020;68:102-111.

12. Komoda T, Drews T, Hetzer R, Lehmkuhl HB. Lower body surface area is highly related to mortality due to stroke or systemic bleeding in patients receiving an axial flow blood pump as a left ventricular assist device. *Eur J Cardiothorac Surg.* 2013;43:1036-1042.

13. Ono M, Sawa Y, Nakatani T, et al. Japanese multicenter outcomes with the HeartMate II left ventricular assist device in patients with small body surface area. *Circ J.* 2016;80:1931-1936.

14. Bourque K, Cotter C, Dague C, et al. Design rationale and preclinical evaluation of the HeartMate 3 left ventricular assist system for hemo-compatibility. *ASAIO J.* 2016;62:375-383.

15. HeartMate II left ventricular assist system. Instructions for use. Abbott; 2020. Accessed April 22, 2021. https://manuals.sjm.com/~/media/manuals/product-manual-pdfs/5/2/5254ce76-8073-4b54-a7d8-6c057a3678aa.pdf

16. Mehra MR, Uriel N, Naka Y, et al. A fully magnetically levitated left ventricular assist device-final report. N Engl J Med. 2019;380:1618-1627.

17. Lee S, Katz JN, Jorde UP, et al. Outcomes of adult patients with small body size supported with a continuous-flow left ventricular assist device. *ASAIO J.* 2016;62:646-651.

 Nayak A, Hu Y, Ko YA, et al. Gender differences in mortality after left ventricular assist device implant: a causal mediation analysis approach. ASAIO J. 2021;67:614-621.

19. Kawabori M, Kurihara C, Conyer R, et al. A left ventricular end-diastolic dimension less than 6.0 cm is associated with mortality after implantation of an axial-flow pump. *J Thorac Cardiovasc Surg.* 2019;157:2302-2310.

20. Shah P, Birk S, Maltais S, et al. Left ventricular assist device outcomes based on flow configuration and pre-operative left ventricular dimension: an Interagency Registry for Mechanically Assisted Circulatory Support analysis. *J Heart Lung Transplant*. 2017;36:640-649.

21. Lang RM, Badano LP, Mor-Avi V, et al. Recommendations for cardiac chamber quantification by echocardiography in adults: an update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging. *J Am Soc Echocardiogr.* 2015;28:1-39.

22. Uriel N, Colombo PC, Cleveland JC, et al. Hemocompatibility-related outcomes in the MOMENTUM 3 trial at 6 months: a randomized controlled study of a fully magnetically levitated pump in advanced heart failure. *Circulation*, 2017;135:2003-2012.

23. Galand V, Flécher E, Lelong B, et al. Relation of body mass index to outcomes in patients with heart failure implanted with left ventricular assist devices. *Am J Cardiol.* 2020;133:81-88.

24. Martins RP, Leclercq C, Bourenane H, et al. Incidence, predictors, and clinical impact of electrical storm in patients with left ventricular assist devices: new insights from the ASSIST-ICD study. *Heart Rhythm.* 2019;16: 1506-1512.